

Survivors of Trauma Support Group



Recovering from trauma of any kind is an ongoing process in addressing feelings of anger, fear, denial, confusion, shock, and pain. Finding a safe outlet for those feelings can often be the first step to recovery. The mission of the Hodac, Inc. Survivors of Trauma Support Group is to give survivors an outlet to speak out, ask for help, and get help in return.

WHO: Survivors of Trauma – Adult women only

WHEN: *July 07, 2011* and continuing every 1st and 3rd Thursday of each month from 6:30 to 7:30pm

WHERE: Hodac, Inc., 2762 Watson Blvd., Warner Robins, GA 31093

HOW: Call (478) 953-5675 or email nposs@hodac.org to register